

## Growing your own. Edible & Fruiting Selections

There is something about a social challenge that makes us all review our lifestyle going forward. Being somewhat closer to nature and self-sufficient is a nice feeling. While not a big part of what we do, our advanced edible and fruiting trees offer a ready-made solution.



### **Ficus carica 'White Adriatic'** **COMMON FIG, EDIBLE FIG**

Unsurpassed for flavour when ripened on the tree, this medium to large sized fig has an excellent sweet flavour. The tree generally crops once per year with fruit which is very easy to peel when it ripens in late summer. Green to yellow skinned, the flesh is a rich, strawberry red and is a great variety for making jams, drying or eating fresh.



### **Ficus carica 'Brown Turkey'** **COMMON FIG**

This is a small deciduous tree with bold, deeply lobed leaves and insignificant flowers followed by edible fruit which are first green, but purplish when ripe. Usually produces one crop of fruit per year. Foliage has a distinct shape.



## **Laurus nobilis 'Miles Choice'**

This Bay tree offers a more compact form and grows slightly smaller than the traditional Bay Tree to around 7m tall. It produces glossy dark green foliage. Leaves are fragrant and can be used in cooking.



## **Olea europaea 'Tolley's Upright'**

### **TOLLEY'S UPRIGHT OLIVE**

This is a low fruiting variety of olive tree that has an upright growth. Responds well to pruning and can be grown with a single leader or easily pruned into a hedge for screening. Foliage is silvery.



## **Prunus armeniaca 'Moorpark'**

### **MOORPARK APRICOT**

This is a relatively fast-growing, small tree with a spreading, rounded canopy. Its leaves are heart-shaped with serrated margins. Pinkish white blossoms appear in spring, followed by large, yellow apricots which ripen in mid to late summer. The fruit is sweet, rich and juicy and considered to be one of the best apricots for flavour. Although this variety is self-fertile, it would benefit from planting two or more varieties to produce a better crop.



## **Prunus salicina 'Satsuma'**

### **JAPANESE BLOOD PLUM**

A small and attractive fruiting deciduous tree, leaves are green and flowers before the onset of fruit, are pink and white and fragrant. The fruit of this very popular blood plum is great for eating, stewing, preserving and making juice. It is rich, juicy and dark red from skin to stone and is sweet and flavoursome.



## **Prunus salicina 'Santa Rosa'**

### **JAPANESE PLUM**

This is another attractive deciduous fruiting tree for small gardens with strong upright growth. It produces a large sweetish purplish plum highly regarded for eating, preserving and stewing. The flesh is yellow.



## **Pyrus communis 'Beurre Bosc'**

### **EUROPEAN PEAR**

'Beurre Bosc' is an heirloom variety of pear first recorded in Europe in the early 1800's. It is a medium-sized deciduous fruiting tree with an upright, pyramidal habit. Fragrant white flowers are borne in spring, followed by elongated conical fruit which matures in mid to late autumn. The fruit is juicy and buttery with a slightly grainy texture and is distinguished by its cinnamon-brown, russeted flesh - an excellent variety perfect as a dessert pear.



## **Malus domestica 'Pink Lady'<sup>TM</sup>**

### **PINK LADY APPLE**

An Australian bred fruiting apple with bright pink blushed skin and crispy, smooth textured flesh, making it a wonderful eating/dessert apple. Ripening late in the season, from mid to late May, this variety stores well and is self-pollinating, however will be much higher yielding if cross pollinated with a companion such as Granny Smith. Foliage is green with a slightly downy underside turning yellow in autumn. An ideal deciduous fruit tree for a small garden.

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